

Internet Radio on “ZEN” with special guest, Rev. Issho Fujita.

Rev. Issho Fujita, Director of Soto Zen International Center will be the special guest on air with Tokyo FM World talking about Zen practice. This program will be in English so if you are interested, please click on the link below and listen to the interesting conversation as he shares to the world, what Zen is.



<http://tunein.com/radio/ZEN--Japanese-Spirituality--p827752/>

■Program Information (From Tokyo FM)

Within the traditions of the East and Japan, Zen has been attracting attention from around the world, and, on our program, a Zen monk will be speaking to you about the world of Zen.

Meditation cleans the mind and body.

Won't you try experiencing Japanese spirituality?

■Program

Vol.1 Doing Mode & Being Mode.

Vol.2 Understanding a problem, rather than trying to solve problem.

Vol.3 Two Hearts.

Vol.4 ZEN Is Concrete.

Vol.5 Inquiry Into The Self.