

DEEP-FRIED APPLE SPRING ROLLS

Shojin cooking around the world!



INGREDIENTS (SERVES 4)

- 1 apple
- 8 spring roll skins



1. Peel the apple and cut into 8 equal pieces.



2. Wrap the sliced apple in a spring roll skin. Use a mix of flour and water as a glue to seal the edges together before you fry them.



3. Deep-fry the wrapped apples in oil at 160°C-170°C until the skin is crispy.



 Arrange the fried apples on a serving plate and serve.
(If desired, serve with apple jam, cinnamon powder, or sugar.)

Recipe by Soto Zen Buddhism Administrative Headquaters







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