

*Verse of Purity While Abiding in the World*  
(*Sho sekai bon no ge* 処世界梵之偈)

Abiding in this ephemeral world  
like a lotus in muddy water.  
the mind is pure and goes beyond.  
Thus we bow to buddha.

### ***Bath Verse***

(*Nyūyoku no ge* 入浴之偈)

Bathing the body,  
may all living beings  
be clean in body and mind,  
pure and shining within and without.

### ***Face-Washing Verse***

(*Senmen no ge* 洗面之偈)

<when picking up the toothbrush>

Holding the toothbrush,  
may all living beings  
attain the true dharma,  
and be naturally pure and clean.

<when using the toothbrush>

Brushing the teeth in the morning,  
I vow with all beings,  
to care for the eyeteeth  
that bite through all afflictions.

<when rinsing the mouth>

Rinsing the mouth,  
may all living beings  
approach the pure dharma gate  
and accomplish liberation.

<when washing the face>

Washing the face,  
I vow with all beings to  
attain the pure dharma gate  
and be forever undefiled.