

Nyūyoku no ge 入浴之偈
(*Bath Verse*)

[Chinese]

Moku yoku shin tai
to gan shujō
shin jin muku
naige ko ketsu.

Senmen no ge 洗面之偈
(*Face-Washing Verse*)

[Chinese]

<when picking up the toothbrush>

Shujū yōji
to gan shujō
shin toku sho bo
jinen sho jo.

<when using the toothbrush>

Shin shaku yōji
to gan shujō
toku cho bukuge
zeisho bon-no.

<when rinsing the inouth>

So so kushi
to gan shujō
ko jo ho mon
kugyō gedatsu.

<when washing the face>

Isui sen men
to gan shujō
toku jo ho mon
yo muku zen.